# POLYCAL

A powdered, non-sweet, unflavoured carbohydrate supplement based on maltodextrin.

# FEATURES

- 100% energy from carbohydrate (provides 19kcal per 5g scoop).
- Made from 100% maltodextrin: easily digestible source of carbohydrate.
- Low osmolarity: to prevent osmotic diarrhoea.
- Enhanced solubility: readily dissolves and allows for higher energy density in solution.
- Less sweet than other sugars such as sucrose: more product can be added without making the food/drink too sweet.
- **Neutral taste:** can be mixed into food and drink without significantly altering flavour or texture.

# Indications

For the dietary management of:

- Disease-related malnutrition.
- Patients with high energy requirements.
- Patients requiring a fat and/or mineral restriction.

# **Important Notice**

- Not suitable as a sole source of nutrition.
- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Not suitable for infants under 1 years of age.
- Use with caution in children aged 1-6 years of age.
- Use with caution in patients with diabetes because of the relatively high carbohydrate content and the source of carbohydrates.

### **Directions for Use**

- Handle aseptically to ensure product remains sterile.
- Sprinkle required amount of powder into food and/or drink and mix well. Use only the scoop provided in the packaging to ensure serving consistency.
- Prepare the food or drink per serving and consume within 2 hours.
- Discard unused prepared portions after 2 hours.
- Usage to be determined by a healthcare professional.

#### Storage

- Store in a cool, dry place.
- Once opened, use contents within 4 weeks.
- Discard unused contents after 4 weeks.
- Replace lid firmly after use.
- Do not refrigerate.

# **Ordering Information**

To order contact Nutricia Customer Care 0800 688 747.

Polycal	Product code	Units per carton	Pharmacode
400g can	68989	12	408050

## Ingredients

Polycal: Maltodextrin.

# Allergen & Cultural Information

- Does not contain: wheat, egg, nuts\*, lupins.
- Halal certified.
- No Kosher forbidden ingredients.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).
- Low lactose (lactose <2g/100g).







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NUTRITION INFORMATION		Per 100g	Per scoop (5g)
Energy	kcal	384	19.2
	kJ	1630	81.5
Protein	9	0	0
Carbohydrate	9	96 (100% E)	4.8
Sugars	9	6	0.3
as Lactose	9	0	0
Fat	9	0	0
Fibre	9	0	0
Water	ml	<5	<0.25

\* Peanut (Arachis hypogaea), Almond (Amygdalus communis L.), Hazelnut (Corylus avellana), Walnut (Juglans regia), Cashew (Anacardium occidentale), Pecan nut (Carya illinoiesis (Wangenh.), K. Koch), Brazil nut (Bertholletia excelsa), Pistachio nut (Pistacia vera), Macadamia nut and Queensland nut (Macadamia ternifolia), and products thereof.

Minerals		Per 100g	Per scoop (5g)
Sodium	mg	2	0.1
	mmol	0.09	0.005
Other		Per 100g	Per scoop (5g)
Osmolality	mOsmol/ kg H <sub>2</sub> O	104 (10% solution)	104 (10% solution)

A food for special medical purposes; to be used under strict medical supervision.

For more information call the **Nutricia Careline 0800 438 500** 



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