

RENILON 7.5

A ready-to-drink, high energy, moderate protein, reduced mineral oral nutritional supplement for the dietary management of patients with renal disease (receiving dialysis).

FEATURES

- **249kcal/bottle (2kcal/ml):** energy-dense ONS[^] for patients requiring fluid or volume restriction.
- **9.1g protein/bottle (15% energy):** moderate protein to prevent and/or treat protein-energy malnutrition frequently observed in patients on dialysis.¹
- **Reduced mineral content (sodium, potassium, chloride, calcium, phosphorus, magnesium):** for patients that require select mineral restriction.
- **Elevated levels of micronutrients with antioxidant properties (copper, manganese, selenium, carotenoids, vitamin E, riboflavin, vitamin B₆, folic acid, vitamin B₁₂) compared to standard ONS[^]:** to support and mitigate increased oxidative stress in pre-dialysis patients.²⁻¹³
- **Does not contain preformed vitamin A:** to prevent hypervitaminosis.¹⁴⁻¹⁸
- **Does not contain vitamin D:** to prevent toxicity as vitamin D cannot be converted sufficiently to active form by patients with end-stage renal failure.¹⁹
- **Fibre free:** for patients requiring residue-restricted diet.
- **Small volume (125ml):** for patients requiring fluid or volume restriction.
- **User-friendly bottle:** ergonomic plastic bottle, with resealable easy to open cap.

Indications

For the dietary management of:

- Disease-related malnutrition.
- Patients with renal disease receiving dialysis treatment.
- Patients requiring a fluid or volume restriction.
- Patients requiring a select mineral restriction.

Important Notice

- Not suitable as a sole source of nutrition.
- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Not suitable for patients with cow's milk protein allergy.
- Not suitable for infants and children under 3 years of age.
- Use with caution in children aged 3-6 years of age.

Directions for Use

- Shake well before use.
- Best served chilled.
- Usage to be determined by a healthcare professional.

Storage

- Store in a cool, dry place.
- Once opened, store in the refrigerator.
- Discard unused content after 24 hours.

Ordering Information

To order contact Nutricia Customer Care **0800 688 747**.

Renilon 7.5	Presentation	Product code	Units per carton	Pharmacode
Caramel	125ml bottle	70980	24	2439387
Apricot	125ml bottle	70904	24	2439379

Ingredients*

Renilon 7.5 Caramel: Demineralised water, maltodextrin, vegetable oils (sunflower oil, rapeseed oil), whey protein (from cow's milk), fructose, carotenoids (contain soy)(β-carotene, lutein, lycopene oleoresin from tomatoes), flavouring (caramel), tri choline citrate, colour (sulphite ammonia caramel) (E150d), potassium hydroxide, sodium citrate, taurine, L-carnitine, sodium L-ascorbate, ferrous lactate, sodium hydroxide, DL-α-tocopheryl acetate, zinc sulphate, sodium selenite, copper gluconate, manganese sulphate, pyridoxine hydrochloride, calcium D-pantothenate, pterylmonoglutamic acid, chromium chloride, D-biotin, nicotinamide, thiamin hydrochloride, sodium fluoride, riboflavin, sodium molybdate, potassium iodide, phytomenadione, cyanocobalamin.

Allergen & Cultural Information

- Contains: cow's milk protein, soy.
- Does not contain: wheat, egg, nuts**, lupins.
- Halal certified.
- No Kosher forbidden ingredients.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).
- Low lactose (lactose <2g/100g).



RENILON 7.5

NUTRITION INFORMATION*		Per 100ml	Per 125ml
Energy	kcal	199	249
	kJ	835	1044
Protein	g	7.3 (15% E)	9.1
Whey	g	7.3	9.1
Carbohydrate	g	20 (40% E)	25
Sugars	g	4.8	6
as Lactose	g	0.06	0.08
Fat	g	10 (45% E)	12.5
Saturates	g	0.9	1.1
Monounsaturates	g	7.2	9
Polyunsaturates	g	1.9	2.4
ω6 / ω3 ratio		6.7:1	6.7:1
Fibre	g	0	0
Water	ml	71	89
Minerals		Per 100ml	Per 125ml
Sodium	mg	68	85
	mmol	3	3.8
Potassium	mg	24	30
	mmol	0.6	0.8
Calcium	mg	5	6.3
Phosphorus	mg	6	7.5
Magnesium	mg	<1	<1.3
Chloride	mg	9	11.3
Ca:P ratio		0.9:1	0.9:1

* Please note the ingredients list and nutritional information is for Caramel flavour only. There are minor variations between different flavours. For the full ingredients list and nutritional information for the other flavours, please contact the Nutricia Careline on 0800 438 500.

** Peanut (*Arachis hypogaea*), Almond (*Amygdalus communis* L.), Hazelnut (*Corylus avellana*), Walnut (*Juglans regia*), Cashew (*Anacardium occidentale*), Pecan nut (*Carya illinoensis* (Wangenh.) K. Koch), Brazil nut (*Bertholletia excelsa*), Pistachio nut (*Pistacia vera*), Macadamia nut and Queensland nut (*Macadamia ternifolia*) and products thereof.

^ONS - Oral Nutritional Supplement.

REFERENCES 1. Herselman M, Moosa MR, Kotze TJ, Kritzinger M, Wuister S, Mostert D. Protein-energy malnutrition as a risk factor for increased morbidity in longterm hemodialysis patients. *J Renal Nutr* 2000; 10: 7-15. 2. Drai J, Bannier E, Chazot C, Hurot J et al. Oxidants and antioxidants in longterm haemodialysis patients. *Farmac* 2001; 56: 463-65. 3. Morena M, Cristol J, Canaud B. Why hemodialysis patients are in a prooxidant state? What could be done to correct the pro/antioxidant imbalance. *Blood Purif* 2000; 18: 191-99. 4. Loughrey CM, Young IS, Lightbody JH et al. Oxidative stress in haemodialysis. *QJM* 1994; 87: 679-83. 5. Toborek M, Wasik T, Drozd M, Klin M et al. Effect of hemodialysis on lipid peroxidation and antioxidant system in patients with chronic renal failure. *Metabolism* 1992; 41: 1229-32. 6. Chen CK, Liaw JM, Juang JG, Lin TH. Antioxidant enzymes and trace elements in hemodialyzed patients. *Biol Trace Elem Res* 1997; 58: 149-57. 7. Paul JL, Sall ND, Soni T et al. Lipid peroxidation abnormalities in hemodialyzed patients. *Nephron* 1993; 64: 106-109. 8. Stratton R. Rationale for the addition of carotenoids to enteral tube and sip feeds. *Nutricia Healthcare* 2000, on file. 9. Ghoreishi Z, Jagtap PE, Ahaley SK, Gandhi R. Oxidant-antioxidant status in acute and chronic renal failure. *Indian J Med Sci* 2000; 54: 131-135. 10. Jackson P, Loughrey CM, Lightbody JH, McNamee PT, Young IS. Effect of hemodialysis on total antioxidant capacity and serum antioxidants in patients with chronic renal failure. *Clin Chem* 1995; 41: 1135-38. 11. Fiorillo C, Oliviero C, Rizzuti G et al. Oxidative stress and antioxidant defenses in renal patients receiving regular haemodialysis. *Clin Chem Lab Med* 1998; 36: 149-153. 12. Bender DA, Bender AE. Nutrition. A reference handbook. Oxford: Oxford University Press, 1997. 13. Okada A, Takagi Y, Nezu R, Sando K, Shenkin A. Trace element metabolism in parenteral and enteral nutrition. *Nutrition* 1995; 11(Suppl): 106-11. 14. Muth I. Implications of hypervitaminosis A in chronic renal failure. *J Renal Nutr* 1991; 1: 2-8. 15. Khan IH, Richmond P, Macleod AM. Diseases of the kidneys and urinary tract. In: Garrow JS, James WPT, Ralph A (eds). *Human nutrition and dietetics*. Tenth edition. Edinburgh: Churchill Livingstone; 2000; 667-687. 16. Goldstein DJ, Abrahamian-Gebeshian C. Nutrition support in renal failure. In: Matarese LE, Gottschlich MM (eds). *Contemporary Nutrition Support Practice*. A Clinical Guide. Philadelphia: WB Saunders 1998; 447-47. 17. Ha TK, Sattar N, Talwar D, Cooney J, Simpson K, O'Reilly DS et al. Abnormal antioxidant vitamin and carotenoid status in chronic renal failure. *QJM* 1996; 89: 765-769. 18. Allman MA, Truswell AS, Tiller DJ, Stewart PM et al. Vitamin supplementation of patients receiving haemodialysis. *Med J Aust* 1989; 150: 130-133. 19. Hartley G, Roberts R. Renal Disease. Thomas B (ed). *Manual of Dietetic Practice*, 3rd ed. Oxford: Blackwell Scientific Publications 2001; 420-434.

Vitamins		Per 100ml	Per 125ml
Vitamin A	µg-RE	0	0
Vitamin D	µg	0	0
Vitamin E	mg α-TE	5	6.3
Vitamin K	µg	11	13.8
Vitamin C	mg	6	7.5
Thiamin	mg	0.3	0.4
Riboflavin	mg	0.38	0.49
Niacin	mg NE	3.6	4.5
Vitamin B6	mg	1	1.25
Vitamin B12	µg	0.47	0.59
Folic Acid	µg	100	125
Pantothenic Acid	mg	1.1	1.4
Biotin	µg	8	10
Trace Elements		Per 100ml	Per 125ml
Iron	mg	2	2.5
Zinc	mg	2	2.5
Manganese	mg	0.75	0.94
Copper	µg	400	500
Iodine	µg	28	35
Molybdenum	µg	15	18.8
Selenium	µg	16	20
Chromium	µg	12	15
Fluoride	mg	0.2	0.3
Other		Per 100ml	Per 125ml
Carotenoids	mg	0.45	0.56
Choline	mg	40	50
L-Carnitine	mg	15	18.8
Taurine	mg	15	18.8
Osmolality	mOsmol/ kgH ₂ O	580	580

**A food for special medical purposes;
to be used under strict medical supervision.**

For more information call the
Nutricia Careline 0800 438 500

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NC4866-Nov20 / NUT1180D