

# NUTILIS POWDER

A food and fluid thickener with amylase-resistant features for the dietary management of dysphagia.

## FEATURES

- **Amylase-resistant formulation:** maintains a consistent texture of the food or drink, to which it has been added, during consumption.
- **Can be mixed in both hot and cold foods and fluids:** for patient convenience and choice.

## Indications

For the dietary management of patients with swallowing difficulties (dysphagia).

## Important Notice

- Not suitable as a sole source of nutrition.
- Not for parenteral use.
- Not suitable for children under 3 years of age.
- Only suitable as a food and fluid thickener.

## Directions for Use

- Handle aseptically to ensure product remains sterile.
- Add the prescribed amount of Nutilis to liquid or pureed meals. Use only scoop provided in the packaging to ensure serving consistency.
- Use a fork, whisk or shaker to mix vigorously for approximately 20-30 seconds until all the powder is dissolved.
- Stir gently for 1-2 minutes. Leave to stand 5 minutes to achieve the desired consistency.
- Do not add additional Nutilis or stir during standing time.
- Prepare the food per serving and use within 2 hours.
- Discard unused prepared portions after 2 hours.
- Usage to be determined by a healthcare professional.
- For additional information on product usage, please request a copy of **Nutricia's IDDSI Position Statement** from the Nutricia Careline 0800 438 500.

## Storage

- Store in a cool, dry place.
- Once opened, use contents within 8 weeks.
- Discard unused contents after 8 weeks.
- Replace lid firmly after use.
- Do not refrigerate.

## Ordering Information

To order contact Nutricia Customer Care **0800 688 747**.

Nutilis Powder	Product code	Units per carton	Pharmacode
300g can	54272	12	2400456

## Ingredients

**Nutilis Powder:** Maltodextrin, thickeners (modified starch (maize), tara gum, xanthan gum, guar gum).

## Allergen & Cultural Information

- Does not contain: wheat, egg, nuts\*, lupins.
- Halal certified.
- No Kosher forbidden ingredients.
- No gluten containing ingredients.
- Low lactose (lactose <2g/100g).



# NUTILIS POWDER

NUTRITION INFORMATION		Per 100g	Per scoop (4g)
Energy	kcal	352	14.1
	kJ	1495	60
Protein	g	0.3	0.01
Carbohydrate	g	87.5 (100% E)	3.5
Sugars	g	1.5	0.06
as Lactose	g	<0.06	<0.002
Fat	g	0.1	0.004
Saturates	g	0.1	0.004
Fibre	g	5.8	0.2
Soluble:Insoluble	g	85:15	85:15
Water	ml	<8	<0.3

\* Peanut (*Arachis hypogaea*), Almond (*Amygdalus communis* L.), Hazelnut (*Corylus avellana*), Walnut (*Juglans regia*), Cashew (*Anacardium occidentale*), Pecan nut (*Carya illinoensis* (Wangenh.) K. Koch), Brazil nut (*Bertholletia excelsa*), Pistachio nut (*Pistacia vera*), Macadamia nut and Queensland nut (*Macadamia ternifolia*), and products thereof.

Minerals		Per 100g	Per scoop (4g)
Sodium	mg	<91	<3.6
	mmol	<3.9	<0.2
Potassium	mg	<75	<3
	mmol	<1.9	<0.08
Calcium	mg	<21	<0.8
Phosphorus	mg	<17	<0.7
Magnesium	mg	<3.5	<0.1
Chloride	mg	<35	<1.4
Ca:P ratio		1.2:1	1.2:1

**A food for special medical purposes;  
to be used under strict medical supervision.**

For more information call the  
**Nutricia Careline 0800 438 500**

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Danone Nutricia NZ Ltd,  
56-58 Aintree Avenue, Airport Oaks,  
Auckland 2022, New Zealand  
[www.nutriciamedical.co.nz](http://www.nutriciamedical.co.nz)

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