

NUTRISON ENERGY

A nutritionally complete, high energy, fibre free, ready-to-use enteral tube feed.

FEATURES

- **Suitable as a sole source of nutrition[^]**
- **Whey-dominant P4 protein blend:** in line with international recommendations on protein quality/ amino acid profile and for gastro-intestinal tolerance benefits.¹⁻⁷
- **Fibre free (<0.1/100ml):** for patients requiring residue-restricted diets.
- **Fish oils:** to provide Docosahexaenoic acid (DHA) and Eicosapentaenoic acid (EPA).
- **Medium chain triglycerides (MCT):** for easier fat digestion and absorption.⁸⁻⁹
- **Enriched with carotenoids:** in line with general health recommendations for their antioxidant properties and positive effect on immune function.¹⁰

Indications

For the dietary management of:

- Disease-related malnutrition.
- Patients with high energy and protein requirements.
- Patients requiring a residue-restricted diet.

Important Notice

- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Not suitable for patients with cow's milk protein allergy.
- Not suitable for infants under 1 year of age.
- Use with caution in children aged 1-6 years of age.
- Use with caution in individuals with a seafood allergy.

Directions for Use

- Shake well before use.
- Use at room temperature.
- Handle aseptically to ensure product remains sterile.
- Usage to be determined by a healthcare professional.

Storage

- Store in a cool, dry place.
- Once opened, store in the refrigerator.
- Discard unused contents after 24 hours.

Ordering Information

To order contact Nutricia Customer Care **0800 688 747**.

| Nutrison Energy | Product code | Units per carton | Pharmacode |
|---------------------|--------------|------------------|------------|
| 1000ml OpTri Bottle | 132199 | 8 | 2632950 |

Ingredients

Nutrison Energy: water, maltodextrin, vegetable oils (sunflower oil, rapeseed oil, MCT oil [coconut oil, palm kernel oil]), whey protein (from cow's **milk**), cow's **milk** protein caseinate, pea protein, **soy** protein, emulsifier (**soy** lecithin), magnesium hydrogen phosphate, potassium citrate, sodium citrate, calcium carbonate, **fish oil**, potassium chloride, potassium hydroxide, tri calcium phosphate, carotenoids (contains **soy**)(β-carotene, lutein, lycopene), choline chloride, sodium chloride, sodium L-ascorbate, ferrous lactate, zinc sulphate, nicotinamide, DL-α tocopheryl acetate, retinyl acetate, copper gluconate, manganese sulphate, sodium selenite, calcium D-pantothenate, chromium chloride, D-biotin, cholecalciferol, thiamin hydrochloride, pteroylmonoglutamic acid, pyridoxine hydrochloride, riboflavin, potassium iodide, sodium fluoride, sodium molybdate, phytomenadione, cyanocobalamin.

Allergen & Cultural Information

- Contains: cow's milk protein, soy, fish oil.
- Does not contain: wheat, egg, nuts*, lupins.
- Halal certified.
- No Kosher forbidden ingredients.
- No gluten containing ingredients.
- Low lactose (lactose <2g/100g).



NUTRISON ENERGY

| NUTRITION INFORMATION | | Per 100ml | Per 1000ml |
|-----------------------|------|--------------|------------|
| Energy | kcal | 150 | 1500 |
| | KJ | 630 | 6300 |
| Protein | g | 6 (16% E) | 60 |
| - Casein | g | 1.5 | 15 |
| - Whey | g | 2.1 | 21 |
| - Soy | g | 1.2 | 12 |
| - Pea | g | 1.2 | 12 |
| Carbohydrate | g | 18.3 (49% E) | 183 |
| - Sugars | g | 1.1 | 11 |
| - as Lactose | g | <0.025 | <0.25 |
| Fat | g | 5.8 (35% E) | 58 |
| - Saturates | g | 1.5 | 15 |
| - of which MCT | g | 0.9 | 9 |
| - Monounsaturates | g | 3.3 | 33 |
| - Polyunsaturates | g | 1.1 | 11 |
| - DHA | mg | 13.7 | 137 |
| - EPA | mg | 20 | 200 |
| - ω6:ω3 | | 3.1:1 | 3.1:1 |
| Fibre | g | <0.1 | <1 |
| Water | ml | 78 | 780 |
| Minerals | | Per 100ml | Per 1000ml |
| Sodium | mg | 134 | 1340 |
| | mmol | 5.8 | 58 |
| Potassium | mg | 201 | 2010 |
| | mmol | 5.1 | 51 |
| Calcium | mg | 108 | 1080 |
| Phosphorus | mg | 108 | 1080 |
| Magnesium | mg | 34 | 340 |
| Chloride | mg | 100 | 1000 |
| Ca:P ratio | | 1:1 | 1:1 |

| Vitamins | | Per 100ml | Per 1000ml |
|-------------------------|----------------------------|-----------|------------|
| Vitamin A | µg-RE | 123 | 1230 |
| Vitamin D | µg | 1.5 | 15 |
| Vitamin E | mg α-TE | 1.9 | 19 |
| Vitamin K | µg | 8 | 80 |
| Vitamin C | mg | 15 | 150 |
| Thiamin | mg | 0.23 | 2.3 |
| Riboflavin | mg | 0.24 | 2.4 |
| Niacin | mg NE | 2.7 | 27 |
| Vitamin B ₆ | mg | 0.26 | 2.6 |
| Vitamin B ₁₂ | µg | 0.32 | 3.2 |
| Folic Acid | µg | 40 | 400 |
| Pantothenic Acid | mg | 0.8 | 8 |
| Biotin | µg | 6 | 60 |
| Trace Elements | | Per 100ml | Per 1000ml |
| Iron | mg | 2.4 | 24 |
| Zinc | mg | 1.8 | 18 |
| Manganese | mg | 0.5 | 5 |
| Copper | µg | 270 | 2700 |
| Iodine | µg | 20 | 200 |
| Molybdenum | µg | 15 | 150 |
| Selenium | µg | 8.6 | 86 |
| Chromium | µg | 10 | 100 |
| Fluoride | mg | 0.15 | 1.5 |
| Other | | Per 100ml | Per 1000ml |
| Carotenoids | mg | 0.3 | 3 |
| Choline | mg | 55 | 550 |
| Osmolality | mOsmol/kg H ₂ O | 460 | 460 |

**A food for special medical purposes;
to be used under strict medical supervision.**

For more information call the
Nutricia Careline 0800 438 500

* Peanut (*Arachis hypogaea*), Almond (*Amygdalus communis* L.), Hazelnut (*Corylus avellana*), Walnut (*Juglans regia*), Cashew (*Anacardium occidentale*), Pecan nut (*Carya illinoensis* (Wangenh.) K. Koch), Brazil nut (*Bertholletia excelsa*), Pistachio nut (*Pistacia vera*), Macadamia nut and Queensland nut (*Macadamia ternifolia*) and products thereof.

[†]In accordance with Australia New Zealand Food Standards Code – Standard 2.9.5

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