



NUTRICIA
Fortisip[®]
THE STRENGTH IN YOU

TOGETHER YOU AND YOUR TEAM CAN MAKE A DIFFERENCE
**KEEP ON STRENGTHENING
THEIR RESILIENCE.**

FOR HEALTHCARE PROFESSIONALS ONLY.

Fortisip products are food for special medical purposes and must be used under medical supervision.

YOUR EXPERT
PARTNER IN
NUTRITIONAL
CANCER CARE

FOOD ALONE IS OFTEN INSUFFICIENT TO COVER ALL NUTRITIONAL NEEDS WHEN GOING THROUGH CANCER^{1,2}



Up to 2 in 3 cancer patients do not meet their protein requirements³



64% of patients have experienced eating or nutrition problems as a consequence of their cancer treatment³⁻⁶



57% of patients report having lost more than 10% of their weight during cancer⁶

For these patients, ESPEN recognizes the importance of supplementing food with medical nutrition as an integral part of cancer care.*⁵

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*According to ESPEN guidelines, the additional use of ONS is advised when an enriched diet is not effective in reaching nutritional goals. Medical nutrition is indicated if patients are unable to eat adequately (e.g. less than 50% of the requirement for more than one week or only 50–75% of the requirement for more than two weeks).

1. Caccialanza R, et al. Supp Care in Cancer Jul 2022. 2. Muscaritoli M, et al. Oncotarget Advance Publications. Aug 2017;1-13. 3. Dingemans AM, et al. Nutrients. 2023;15(24):5030. 4. Data on file: IPSOS (funded by Nutricia), Nutrition in Cancer Care survey 2023- Manuscript submitted for publication. 5. CMuscaritoli M, et al. Clin Nutr. 2021;40(5):2898-2913.

YOUR CANCER CARE OUR TAILORED NUTRITION

You know better than anyone the importance of nutrition in improving treatment outcomes.

Discover our range of medical nutrition products to find the best suited option for your patients with cancer.

CANCER-RELATED MALNUTRITION



CANCER-RELATED MALNUTRITION AND TASTE ALTERATIONS



CANCER-RELATED MALNUTRITION AND DAIRY ALTERNATIVE



CANCER-RELATED MALNUTRITION AND PARTIALLY FUNDED OPTION



FORTISIP COMPACT PROTEIN

- High protein (18g per 125ml), high energy
- Small volume (125ml) to support adherence^{7,8}
- Broad range of flavours

For the dietary management of patients with or at risk of disease related malnutrition.



FORTISIP COMPACT PROTEIN SENSATIONS

- High protein, high energy
- Small volume (125ml) to support adherence^{7,8}
- Sensational flavours tailored to support patients with taste alterations⁹

For the dietary management of disease related malnutrition. Our SENSATIONS range is made of specially designed flavours for patients with taste alterations. They provide a cool or warm taste sensation.



FORTISIP PLANTBASED

- 12g plant protein per 200ml made with pea and soy protein
- High energy suitable as a sole source of nutrition (300kcal per 200ml)
- PlantBased suitable for a vegan diet

For the dietary management of patients with or at risk of disease related malnutrition due to cancer, chronic catabolic disease or cachexia.



FORTISIP MULTI FIBRE

- High protein
- High energy, suitable as a sole source of nutrition
- Fibre enriched - 4.4g fibre/bottle
- PHARMAC part-funded

For the dietary management of patients with or at risk of disease related malnutrition due to cancer, chronic catabolic disease or cachexia.

PATIENTS WITH CANCER NEED UP TO 2X AS MUCH PROTEIN AS HEALTHY ADULTS^{^1,2}, BUT OFTEN EAT LESS



68% of patients*
report loss of appetite and
don't feel like eating³



60% of patients*
report that they feel full
quickly³



FORTISIP COMPACT PROTEIN

The small volume, high protein formula pioneered by Nutricia



18g of protein in a 125ml compact serving to meet the high protein nutritional need and support patient adherence^{4,5}

Proven to help patients meet ESPEN protein recommendations^{6,7}

Flavours to suit a wide range of taste preferences designed to support patient adherence

Mocha

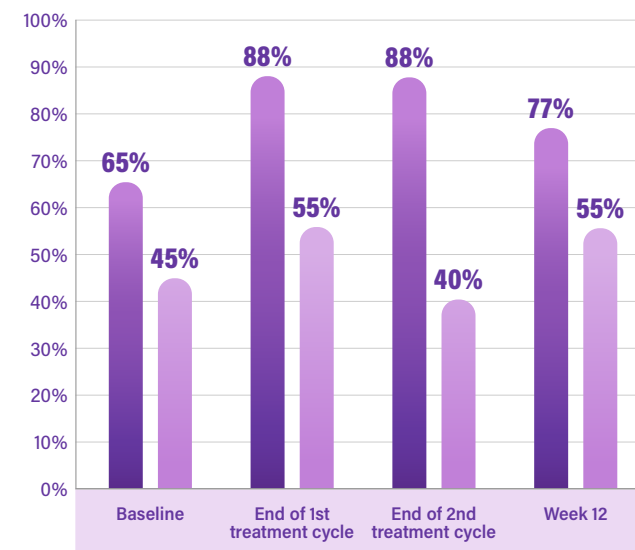
Strawberry

Vanilla

Fortisip Compact Protein enabled patients with cancer to meet ESPEN recommended protein intake⁷

■ Compact Protein (2 servings/day) ■ Standard care

Proportion of patients meeting ESPEN protein recommendations (>1g/kg/d)



[^]Compared to healthy adults, whose protein requirements is 0.84 g/kg/day, adults with cancer are recommended to have >1.2g/kg/day and up to 2g/kg/day.

Fortisip Products are foods for Special Medical Purposes. Use under medical supervision.

¹. Arends J, et al. ESMO Open. 2021;6(3):100092. ². Arends J, et al. Clin Nutr. 2017;36(1):11-48. ³. Data on file: IPSOS (funded by Nutricia), Nutrition in Cancer Care survey 2023- Manuscript submitted for publication. ⁴. Hubbard GP, et al. 2012, Clin Nutr, 31(3):293-312. ⁵. Hubbard et al. 2010 Proc Nutr Soc, 69(OCE2):E164. ⁶. Muscaritoli M, et al. Clin Nutr. 2021;40(5):2898-2913. ⁷. Dingemans et al. 2023 Clin Nutr ESPEN, 54, P493.

UP TO 70% OF PATIENTS WITH CANCER EXPERIENCE TASTE AND SMELL CHANGES¹



Sensory alterations can lead to a reduction in food intake and result in increased weight loss^{1,2}



Sensory alterations may develop throughout the course of the disease, before, during and up to 1 year after treatment¹



FORTISIP COMPACT PROTEIN SENSATIONS

The compact high protein formula with sensory-adapted flavours to help address taste changes



18g of protein in a 125ml compact serving to meet the high protein nutritional need and support patient adherence^{3,4}

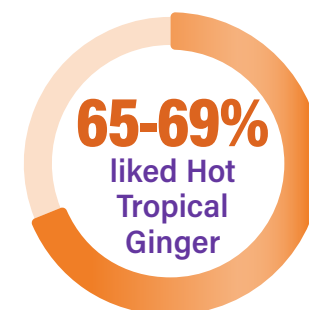
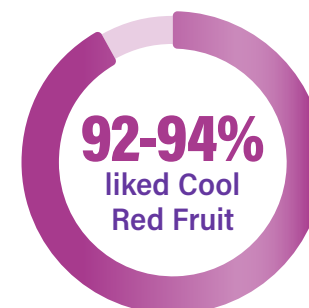
3 flavours with 'warm' or 'cool' taste sensations, validated with patients⁵

Hot Tropical Ginger

Cool Red Fruits

Neutral

Flavours validated to be liked by patients undergoing cancer treatment⁵



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1. Spotten LE, et al. Ann Oncol. 2017;28(5):969-984 2. Brisbois TD, et al. J Pain Symptom Manag. 2011;41:673-83. 3. Hubbard GP, et al. 2012, Clin Nutr, 31(3):293-312. 4. Hubbard et al. 2010 Proc Nutr Soc, 69(OCE2):E164.

5. de Haan JJ, et al. Support Care Cancer. 2021;29:5691-9.

THE NUMBER OF AUSTRALIANS USING PLANTBASED ALTERNATIVES ARE INCREASING ¹



34% of Australians are "likely" or "very likely" to become vegan or vegetarian in the next 12 months ¹



29% of Australians use plant-based alternatives to milk at least once per week ²



FORTISIP PLANTBASED

A unique vegan formula with a high quality blend of pea and soy protein



High quality protein

12g plant protein per 200ml bottle,
contains all essential amino acids

Suitable as a sole Plant-based source of nutrition[^]

High energy & suitable as a sole source of
nutrition with 300Kcal per 200ml bottle

PlantBased

Suitable for vegan diet

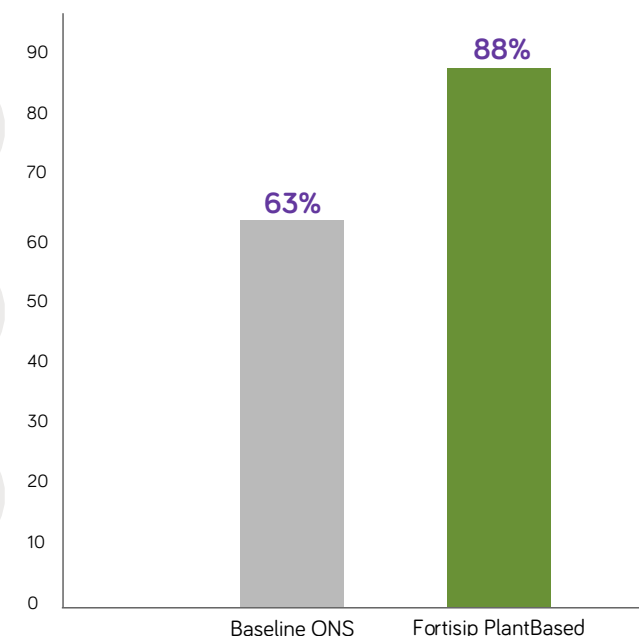
Available in 2 delicious flavours

Lower in sugar compared to the rest of the
Fortisip range

Mocha

Mango Passionfruit

Greater compliance was achieved with Fortisip
PlantBased than baseline* prescribed ONS³



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[^] In accordance with Australia New Zealand Food Standards Code – Standard 2.9.5 *Prior to commencing the study patients (n=8) were taking a different oral nutritional supplement.

1. Understanding the New Asian Consumer. PwC, Rabobank and Temasek 2020. Available at: The Asia Food Challenge 2021 (pwc.co.nz) (Accessed September 2023) **2.** Plant Based eating, CHOICE 2021. <https://www.choice.com.au/food-and-drink/meat-fish-and-eggs/meat-substitutes/articles/plant-based-food> **3.** Nutricia UK ACBS trial, data on file 2022

A RESEARCH STUDY COMPLETED IN NEW ZEALAND, INDICATED THAT MALNUTRITION AFFECTS MORE THAN 30% OF PEOPLE LIVING IN THE COMMUNITY¹



A New Zealand survey found that 1 in 3 people aged 70 and older have bowel problems²



Guidelines recommend 25-30g/day of dietary fibre intake for adults³



FORTISIP MULTI FIBRE

High energy, high protein, fibre enriched and part-funded product



Suitable as a sole source of nutrition 308kcal and 12g protein per 200ml

Part PHARMAC Funded
Funded in the Hospital and Community

Available in 3 delicious flavours

Vanilla

Chocolate

Strawberry



Fortisip Multi Fibre contains the unique MF6 fibre blend.

- Fortisip Multi Fibre is designed to mimic the types of fibres found in a healthy diet
- The MF6 fibre blend contains 6 types of dietary fibre
- Fortisip Multi Fibre provides 4.4g fibre/bottle
- Helps maintain normal bowel function by containing a mixture of soluble and insoluble fibres ⁽⁴⁻⁸⁾

Available in a fibre-free option:



- High energy (1.5kcal/ml)
- 11.8g protein per 200ml bottle
- 0g fibre
- 4 delicious flavours – Vanilla, Chocolate, Banana, Strawberry
- PHARMAC part-funded

MF6 fibre blend contains oligofructose, inulin, arabic gum, soy polysaccharide, resistant starch and alpha-cellulose

1. Wham C, et al. AJA. Vol 36 No 3 September 2017; 205-211. 2. Campbell AJ et al. J Epidemiol Community Health. 1993;47:23-26. 3. NHMRC Nutrient Reference Values for Australia and New Zealand Including Recommended Dietary Intakes, 2006, V12 Sep 2017. NHMRC, Canberra, Australia. 4. Van den Braak, et al. Clinical Nutrition. 2013;32:765-771. 5. Schneider, et al. Clin Nutr. 2006 ;82-90. 6. Wierdsma. Ned Tijdschr Dietisten. 2001; 56:243-247. 7. Guimber, et al. British J of Nutr. 2010 ; 104 :1514-1522. 8. Silk et al. Clinical Nutrition. 2001 ; 20 :49-58.

HELP MAXIMISE CANCER TREATMENT WITH THE RIGHT MEDICAL NUTRITION FOR YOUR PATIENTS NEEDS

“That’s the thing with cancer treatment, you think *“well I was a bit overweight, I’ve lost some weight,”* but it doesn’t work like that, you lose muscle.

Medical nutrition complemented my day-to-day diet. I started feeling more nourished and in general I felt stronger and more energised.

Jonathan - 59 years old, UK

Patient with mantle cell lymphoma - May 2022”

Together with your multidisciplinary teams,

YOU CAN MAKE A DIFFERENCE TO IMPROVE OUTCOMES FOR YOUR PATIENTS WITH CANCER

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*The imagery is not representative of the patient testimonial but is just a generic illustration.



Danone Nutricia NZ Ltd
Level 1, 19 Morgan Street, Newmarket,
Auckland 1149, New Zealand
Tel: 0800 636 228
www.nutricia.co.nz

Nutricia Clinical Care Line
For product information and usage enquiries
1800 060 051 (Australia 7:30 am - 5:00 pm)
0800 438 500 (New Zealand 9:30 am - 7:00 pm)
nccl@nutricia.com