NUTRICIA
LIFE-TRANSFORMING NUTRITION

For Healthcare Professional Use Only.

PHARMAC FUNDED

STIMULANCE

A unique supplement containing a mix of soluble and insoluble dietary fibres in powder form.

FEATURES

- **Unique MF6* blend of soluble and insoluble fibre:** mimics fibre intake in a normal diet.[1]
- **Ratio of soluble:insoluble (63:37):** mixture of fibres have synergistic effect on supporting bowel health and improving tolerance.[2-6]
- **4.8g fibre in each scoop:** (scoop size = 6.3g).
- **Neutral taste:** can be added to sweet and savoury foods/fluids and used in cooking and/or baking.

Indications

For the dietary management of:

- Constipation or irregular bowel function.
- Patients with increased fibre requirements.
- Patients with insufficient fibre intake.

Important Notice

- Not suitable as a sole source of nutrition.
- Not for parenteral use.
- Not suitable for patients with galactosaemia.
- Not suitable for children under 1 years old.
- Not suitable for patients requiring a fibre free diet.
- Not suitable for patients with inflammatory bowel disease, intestinal ileus or preparing for bowel investigation/surgery, unless under strict medical supervision.
- Not suitable for patients receiving high doses of drugs that supress intestinal tract function.
- Must be used under medical supervision.

Directions for Use

- One level scoop (6.3g of powder) provides approximately 5g of fibre. Use only scoop provided in the packaging to ensure serving consistency.
- Mix 1 scoop with 20ml hot water, then stir into serving of food or drink. Alternatively, add 1 scoop directly to one portion of food.
- Prepare the food or drink per serving.
- Consume prepared food or drink within 2 hours. Discard any unfinished food or drink.
- Usage to be determined by a healthcare professional.

Storage

- Store in a cool, dry place.
- Once opened, use contents within 6 weeks.
- Replace lid firmly after use.
- Do not refrigerate.

Ordering Information

To order contact Nutricia Customer Experience **0800 688 747.**

Stimulance	Product code	Units per carton	Pharmacode
400g can	54013	6	2058979

Ingredients

Stimulance: Dietary fibres (**soy** fibre, inulin, resistant starch, acacia gum, oligofructose, cellulose).

Allergen & Cultural Information

- Contains: **soy**.
- Halal certified.
- To the best of our knowledge this product does not contain ingredients that are forbidden in the Kosher diet, however, the manufacturing processes have not been officially certified by the relevant religious bodies.
- No gluten containing ingredients. No detectable gluten when tested to a sensitivity level of less than 5 parts per million (<5 ppm i.e. <5mg/kg).
- Low lactose (lactose <2g/100g).

STIMULANCE

NUTRITION INFORMATION		Per 100g	Per scoop**
Energy	kcal	223	14
	kJ	931	59
Protein	g	2.2 (4% E)	0.14
Carbohydrate	g	15 (27% E)	0.94
Sugars	g	2.5	0.16
Fat	g	0.3 (1%E)	0.02
Saturates	g	0.06	<0.01
Monounsaturates	g	0.13	0.01
Polyunsaturates	g	0.11	0.01
Fibre	g	75.6 (68%E)	4.8
Soluble:Insoluble		63:37	63:37
Minerals		Per 100g	Per scoop**
Sodium	mg	50.1	3.16
	mmol	2.18	0.14
Potassium	mg	287	18.1
	mmol	7.34	0.46
Calcium	mg	257	16.2
Phosphorus	mg	150	9.45
Ca:P ratio		1.7:1	1.7:1

*MF6 is a unique, patented blend of six soluble and insoluble fibres (soy polysaccharide, cellulose, resistant starch, gum arabic, oligofructose and inulin) reflecting the proportions of the different fibre types in a healthy diet.

**Scoop size: 6.3g

REFERENCES 1. Green CJ. Fibre in enteral nutrition. SAJCN. 2000;13:150-60. **2.** Edwards CA, Eastwood MA. Caecal and faecal short-chain fatty acids and stool output in rats fed on diets containing non-starch polysaccharides. Br J Nutr. 1995;73:773-81. **3.** McIntyre A, Young GP, Taranto T, et al. Different fibers have different regional effects on luminal contents of rat colon. Gastroenterology. 1991;101:1274-81. **4.** Morishita Y, Konishi Y. Effects of high dietary cellulose on the large intestinal microflora and short-chain fatty acids in rats. Letters in applied microbiology. 1994;19:433-35. **5.** Green CJ, Van Hoeij KA, Bindels JG. Short chain fatty acids (SCFA) and gas production of individual fibre sources and a mix typical to a normal diet using an in vitro technique. Journal of Pediatric Gastroenterology. 1998;26:591. **6.** Poppitt SD, Livesey G, Faulks RM, et al. Circadian patterns of total 24-h hydrogen and methane excretion in humans ingesting nonstarch polysaccharide (NSP) diets and the implications for indirect calorimetric and D2 18O methodologies. Eur J Clin Nutr. 1996;50:524-34.

Food for special medical purposes for use under medical supervision.

For more information call the
Nutricia Clinical Care Line 0800 438 500

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