



Aptamil® Gold+ Reflux

0-12months

Indications

- ✓ Suitable for infants with regurgitation or mild reflux as a partial or complete breast milk substitute.

Order information

Contact Nutricia Customer Care 1800 889 480

Product Information

Aptamil® Gold+ Reflux is a premium thickened infant formula suitable from birth for the dietary management of regurgitation or mild reflux in formula fed infants requiring a partial or complete breast milk substitute.

Features

1. Reduces regurgitation episodes

- Clinically shown to reduce infant regurgitation episodes by 78%¹
- The only formula thickened with carob bean gum, a noncaloric thickener,[†] which resists digestion in the mouth & maintains thickness in the stomach²

2. Supports digestive comfort

- Now with Nutricia's unique blend of prebiotic oligosaccharides (scGOS/lcFOS[9:1]) to support digestive comfort and promote softer, more regular stools^{3,4}

3. No compromise on nutrition

- Nutritionally complete from birth to 6 months, or as part of a mixed diet from 6-12 months
- Now with long-chain polyunsaturated fatty acids (LCPs) to support brain and eye development in early life³⁻⁵

Contraindications for use

Aptamil® Gold+ Reflux Infant Formula is not suitable for general use and should be used under medical supervision. Not to be used for infants with a diagnosed cows' milk protein allergy.

Direction of Use

1. Wash hands before preparing the feed. Clean and then sterilise all utensils by boiling for 5 minutes or using an approved steriliser.
2. Boil safe drinking water and allow to cool to feeding temperature. CONSULT FEEDING GUIDE. Measure the required volume of water into a sterilised feeding bottle.
3. Use only the enclosed scoop. Fill the scoop lightly and level off using the built in leveler. Avoid compacting the powder.
4. Always add 1 level scoop of powder for each 50mL of water. Cap the bottle and shake for 20 seconds. Leave to stand for up to 7 minutes to allow it to thicken.
5. Test temperature on wrist before feeding. Feed immediately (do not store). Discard unfinished feeds. Prepare each bottle separately. It is safer to use Aptamil Gold+ Reflux immediately after it is prepared. A fast flow or variable flow teat is recommended for this formula. The formula will continue to thicken after preparation and will remain thick in the stomach.

Storage

- Store in a cool, dry place.
- Use by the date on bottom of the container.
- After opening, keep container airtight and use contents within four weeks.
- Some settling of the powder may occur.

Feeding Guide

Age	Cooled boiled water (ml)	Level scoops of powder*	Number of feeds per day
Birth to 2 weeks	50mL	1	Up to 10
2 – 4 weeks	100mL	2	6 – 7
1 – 2 months	150mL	3	5 – 6
3 – 4 months	150mL	3	5 – 6

5 – 6 months	200mL	4	4 – 5
7 – 8 months	200mL	4	3 – 5
9 – 12 months	200mL	4	3 – 4

*1 scoop = 7.6g of powder. NOTE: 1 scoop of powder added to 50mL of water yields approximately 56 mL of formula. This feeding guide is a general guide ONLY.

Allergen and Cultural Information

Contains: cows' milk, fish and soy.

Nutritional Information

Average contents	Per 100mL
NUTRITION INFORMATION	
Energy	281 kJ 67 kcal
Protein	1.4 g
Whey	60 %
Casein	40 %
Carbohydrate	7.2 g
Total Fat	3.4 g
OMEGA LCPUFAS^a	
Arachidonic Acid (AA)	16.5 mg
Docosahexaenoic Acid (DHA)	11.3 mg
MINERALS	
Calcium	67 mg
Potassium	95 mg
Phosphorus	45 mg
Sodium	25 mg
Chloride	56 mg
Magnesium	7.4 mg
Iron	0.87 mg
Zinc	0.54 mg
Copper	60 µg
Manganese	6.6 µg
Selenium	2.0 µg
Iodine	15.2 µg
VITAMINS	

VITAMINS

Vitamin A	75 ug-RE
Vitamin D	1.2 µg
Vitamin E	1.5 mg
Vitamin K	6.0 µg
Thiamin (B ₁)	96 µg
Vitamin B ₂	171 µg
Vitamin B ₆	59 µg
Vitamin B ₁₂	0.39 µg
Niacin (B ₃)	0.72 mg
Folate	14.0 µg
Vitamin C	14.7 mg
Biotin	3.0 µg
Pantothenic Acid (B ₅)	0.63 mg

OTHERS

Choline	11.4 mg
Taurine	5.1 mg
Inositol	6.9 mg
L-Carnitine	1.5 mg

PREBIOTICS

scGOS ^a	0.36 g
lcFOS ^{^^}	0.04 g

^a LCPUFAs – Long chain polyunsaturated fatty acid

[^] scGOS – short chain Galacto-oligosaccharides

^{^^}lcFOS – long chain Fructo-oligosaccharides

Ingredients

Milk solids, vegetable oils (emulsifier (**soy** lecithin), antioxidant (ascorbyl palmitate)), thickener (carob bean gum), short chain galactooligosaccharides (**milk**), dried omega LCPUFAs (**fish** oil, sodium caseinate (**milk**), antioxidant (sodium ascorbate, natural tocopherols (**soy**), ascorbyl palmitate, di-alpha tocopherol), whey protein (**milk**), emulsifier (**soy** lecithin), long chain fructo-oligosaccharides, taurine, choline chloride, inositol, L-carnitine.

Minerals: Potassium, calcium, chloride, phosphorus, sodium, magnesium, iron, zinc, copper, iodine, manganese, selenium.

Vitamins: Vitamins (A, B₁, B₂, B₃, B₅, B₆, B₁₂, C, D₃, E, K₁), folic acid, biotin.

Nucleotides: Cytidine – 5' monophosphate, uridine – 5' monophosphate, adenosine – 5' monophosphate, inosine – 5' monophosphate, guanosine – 5' monophosphate.

Aptamil Gold + Reflux Infant formula is based on cows' milk protein.

References

References

†Carob bean gum does not alter the energy distribution of infant formula.

1. Wenzl TG et al. *Pediatr* 2003;111:E355-E359.
2. Nutricia Research. Artificial digestion model.
3. Moro G et al. *Paediatric Gastroenterol Nutr* 2002; 34:291-295.
4. Costalos C et al. *Early Hum Dev* 2008; 84:45-49.
5. Koletzko B et al. *J Perinat Med* 2008; 36:5-14.

BREAST MILK IS BEST FOR BABIES: Professional advice should be followed before using an infant formula.

Introducing partial bottle feeding could negatively affect breast feeding. Good maternal nutrition is important for breast feeding and reversing a decision not to breast feed may be difficult. Infant formula should be used as directed.

Proper use of an infant formula is important to the health of the infant. Social and financial implications should be considered when selecting a method of feeding. Infant Formula product for special dietary use to be used under medical supervision. This product is not suitable for general use.

FOR HEALTHCARE PROFESSIONALS ONLY.