

Aptamil®Gold+ Lactose Intolerance

0-12 months

Indications

Suitable for infants with lactose intolerance requiring a partial or complete breast milk substitute.

Order information

Contact Nutricia Customer Care 1800 889 480

Product Information

Aptamil Gold+ Lactose Intolerance is a premium formula, suitable for infants with lactose intolerance, requiring a partial or complete breast milk substitute.
Note: Aptamil® Gold+ De-Lact has changed its name to Aptamil® Gold+ Lactose Intolerance. The name change has been made so it is easier for a consumer to identify the product and its fit for their infants feeding needs. There is no change to the product recipe.

Features

A premium infant formula suitable for infants from birth with lactose intolerance requiring a partial or complete breast milk substitute.

1. Low Lactose (<0.006g/100mL)

- Transitional cows' milk based formula for infants with lactose intolerance and who are in recovery from associated diarrhea. Most cases of lactose intolerance in infants are temporary and a normal feeding routine can be recommended once the infant has recovered.[1,2]
- May be of assistance for formula fed infants with colic or digestive discomfort as a result of undigested lactose.

2. Low osmolality

3. Nutritionally complete for infants 0–6 months or can be used as part of a mixed diet for infants from 6 months

- Contains ingredients such as iron, calcium, vitamin D and zinc to assist infant normal growth and development.*

Contraindications for use

Confirmed cows' milk protein allergy.

Direction of Use

- Wash hands before preparing the feed. Clean and then sterilise all utensils by boiling for 5 minutes or using an approved steriliser.
- Boil safe drinking water and allow to cool to feeding temperature. CONSULT FEEDING GUIDE. Measure the required volume of water into a sterilised feeding bottle.
- Use only the enclosed scoop. Fill the scoop lightly and level off using the built in leveler. Avoid compacting the powder.
- Always add 1 level scoop of powder for each 30mL of water. Cap the bottle and shake briskly to dissolve the powder.
- Test temperature on wrist before feeding. Feed immediately (do not store). Discard unfinished feeds.

Prepare each bottle separately. It is safer to use Aptamil Gold+ Delact immediately after it is prepared.

Storage

- Store in a cool, dry place.
- Use by the date on bottom of the container.
- After opening, keep container airtight and use contents within four weeks.
- Some settling of the powder may occur.

Feeding Guide

Age	Cooled boiled water	Level scoops of powder*	Number of feeds per day
Birth to 2 weeks	60mL	2	Up to 8

2 – 4 weeks	90mL	3	7 – 8
1 – 2 months	120mL	4	6 – 7
3 – 4 months	150mL	5	5 – 6
5 – 6 months	180 mL	6	4 – 5
7 – 8 months	180 mL	6	3 – 5
9 – 12 months	180 mL	6	3 – 4

*1 scoop = 4.3g of powder. NOTE: 1 scoop of powder added to 30mL of water yields approximately 33.3mL of formula. This feeding guide is a general guide ONLY.

Allergen and Cultural Information

Contains cows' milk, fish and soy.

Nutritional Information

Average contents	Per 100mL
NUTRITION INFORMATION	
Energy	276 kJ
	66 kcal
Protein	1.3 g
Carbonhydrate	7.3 g
-Lactose	**<0.006 g**
-Galactose	**Not detected**
Total Fat	**3.5 g**
Omega LCPUFAs[a]	
-Arachidonic Acid (AA)	**11.6 mg**
-Docosahexaenoic Acid (DHA)	**6.7 mg**
MINERALS	
Calcium	**55 mg**
Potassium	**65 mg**
Phosphorus	**30 mg**
Sodium	**17.1 mg**
Magnesium	**5.1 mg**
Chloride	**41 mg**
Iron	**0.79 mg**

Zinc	0.56 mg
Copper	42 µg
Manganese	34 µg
Selenium	1.6 µg
Iodine	11.9 µg
VITAMINS	
Vitamin A	55 µg-RE
Vitamin D	1.2 µg
Vitamin E	1.2 mg
Vitamin K	4.5 µg
Thiamin (B_1)	50 µg
Vitamin B_2	100 µg
Vitamin B_6	40 µg
Vitamin B_{12}	0.11 µg
Niacin (B_3)	0.43 mg
Folate	8.9 µg
Vitamin C	9.3 mg
Biotin	1.8 µg
Pantothenic Acid (B_5)	0.33 mg
OTHERS	
Choline	10.0 mg
Taurine	5.3 mg
Inositol	3.8 mg
L-Carnitine	0.90 mg
NUCLEOTIDES	
Cytidine-5′-monophosphate	1.1 mg
Uridine-5′-monophosphate	0.77 mg
Adenosine-5′-monophosphate	0.67 mg
Inosine-5′-monophosphate	0.45 mg
Guanosine-5′-monophosphate	0.23 mg
[a]Long chain polyunsaturated fatty acid	

Ingredients

Glucose syrup, vegetable oils (antioxidant (citric acid), calcium caseinate (**milk**), maltodextrin, omega LCPUFAs (**fish** oil, antioxidant (mixed tocopherols (**soy**), ascorbyl palmitate)), emulsifier (**soy** lecithin), L-cystine, choline chloride, taurine, L-tryptophan, inositol, L-carnitine, antioxidant (ascorbyl palmitate).

Minerals: Potassium, calcium, chloride, phosphorus, sodium, magnesium, iron, zinc, copper, iodine, manganese, selenium.

Vitamins: Vitamins (A, B_1, B_2, B_3, B_5, B_6, B_{12}, C, D_3, E, K_1), folic acid, biotin.

Nucleotides: cytidine-5′-monophosphate, uridine-5′-monophosphate, adenosine-5′-monophosphate

Nucleotides: cytidine-5 -monophosphate, uridine-5 -monophosphate, adenosine-5 -monophosphate, inosine-5'monophosphate, guanosine-5'-monophosphate.

Aptamil® Gold+ De-Lact Infant Formula is based on cows' milk protein.

References

1. Heyman P. Pediatrics 2006; 118:1279–1286.
2. https://www.rch.org.au/kidsinfo/fact_sheets/Lactose_intolerance/
3. Koletzko P et al. J Perinat Med 2008;36:5–14.

BREAST MILK IS BEST FOR BABIES: Professional advice should be followed before using an infant formula. Introducing partial bottle feeding could negatively affect breast feeding. Good maternal nutrition is important for breast feeding and reversing a decision not to breast feed may be difficult. Infant formula should be used as directed. Proper use of an infant formula is important to the health of the infant. Social and financial implications should be considered when selecting a method of feeding. Infant Formula product for special dietary use to be used under medical supervision. This product is not suitable for general use.
FOR HEALTHCARE PROFESSIONALS ONLY.