



Aptamil® Gold + Pepti-Junior®

0-12 months

Indications

- ✓ Suitable for infants with malabsorption and/or with confirmed allergy to cows' milk and/or soy protein when partial or total breast milk substitute is required.

Order information

Contact Nutricia Customer Care 1800 889 480

Size	Code	Units per carton
450g	57240	24

Product Information

Aptamil® Gold+ Pepti-Junior® is a premium, extensively hydrolysed infant formula (eHF) with short chain peptides, specific fat blend with medium chain triglycerides (MCT), omega 3 and omega 6 LCs[#], and low osmolality. Available on PBS.

Features

1. Improved digestion/tolerance

Improved absorption and digestion due to the presence of:

- An easy to digest fat blend including MCT.^{##1}
- Low osmolality.
- <0.1g lactose per 100mL of feed.

2. Low allergenicity

- Low allergenicity with intact cows' milk protein broken down to small hypoallergenic peptides (extensively hydrolysed). This makes **Aptamil® Gold+ Pepti-Junior®** suitable for infants with food allergies and intolerances such as cows' milk and soy protein allergy.
- An extensively hydrolysed formula (eHF) such as **Aptamil® Gold+ Pepti-Junior®** is recommended as the first choice for infants under 6 months of age, for treating mild to moderate cows' milk protein allergy.^{2,3}
- An eHF provides effective management of up to 90% of infants with uncomplicated mild to moderate cows' milk protein allergy.^{4,5} If treatment with this initial formula is not successful, use of an amino acid formula (AAF) such as Neocate is recommended.^{2,4}

3. Nutritionally complete for infants 0–6 months and suitable for use in a mixed diet for infants 6-12 months.

- Vitamins and minerals to support infant growth and development.

Contraindications for use

Allergy to extensively hydrolysed cows' milk formula, severe (anaphylactic) cows' milk protein allergy, galactosemia and primary lactose intolerance.

Direction of Use

- Wash hands before preparing the feed. Clean and then sterilise all the utensils by submerging bottles and teats in water and boiling for 5 minutes, or using an approved steriliser.
- Boil safe drinking water and allow to cool. Measure the required volume of water into a sterilised feeding bottle.
- Use only the enclosed scoop. Fill the scoop lightly and level off using the built-in leveler. Avoid compacting powder.
- Always add one level scoop of powder for each 30mL of water. Stir or shake briskly to dissolve the powder.
- Test temperature on wrist before feeding. Feed immediately (do not store). Discard unfinished feeds.

Prepare each bottle separately. For all brands of formula, it is safer to use immediately after they are prepared. Product is packed by weight, not volume. Some settling of the powder may occur during transportation and distribution.

Storage

- Store in a cool, dry place.
- Use by the date on bottom of the container

See by the date on bottom of the container.

- After opening, keep container airtight and use contents within four weeks.
- Some settling of the powder may occur.

Feeding Guide

Age	Cooled boiled water	Level scoops of powder*	Number of feeds per day
Up to 2 weeks	60mL	2	7 - 8
2 weeks to 1 month	90mL	3	6
1 to 2 months	150mL	5	5 - 6
2 to 4 months	210mL	7	5
4 to 6 months	240 mL	8	4 - 5
6 to 9 months	240 mL	8	3 - 5
9 to 12 months	240 mL	8	3 - 4
12 to 24 months	240 mL	8	2 - 3

*1 scoop = 4.3g of powder. NOTE: 1 scoop of powder added to 30mL of water yields approximately 33.3 mL of formula. This feeding guide is a general guide ONLY.

Allergen and Cultural Information

Contains cows' milk and fish.

Nutritional Information

Average contents	Per 100 mL
NUTRITION INFORMATION	
Energy	277 kJ 66 kcal
Protein	1.8 g
Whey	100 %
Carbohydrate	6.8 g
Lactose	<0.1 g
Total Fat	3.5 g
Saturated	1.9 g

medium chain triglycerides	1.6 g
Omega LCPUFAs ^a	
Arachidonic Acid (AA)	6.7 mg
Docosahexaenoic Acid (DHA)	6.7 mg
MINERALS	
Calcium	50 mg
Potassium	65 mg
Phosphorus	28 mg
Sodium	18 mg
Magnesium	5.1 mg
Chloride	40 mg
Iron	0.77 mg
Zinc	0.50 mg
Copper	40 µg
Manganese	31 µg
Selenium	1.8 µg
Iodine	12 µg
VITAMINS	
Vitamin A	52 µg-RE
Vitamin D	1.3 µg
Vitamin E	1.0 mg
Vitamin K	4.7 µg
Thiamin (B ₁)	50 µg
Vitamin B ₂	99 µg
Vitamin B ₆	40 µg
Vitamin B ₁₂	0.18 µg
Niacin (B ₃)	0.43 mg
Folate	8.9 µg
Vitamin C	9.3 mg
Biotin	1.7 µg
Pantothenic Acid (B ₅)	0.33 mg
OTHERS	
Choline	10.0 mg
Taurine	5.3 mg
Inositol	3.3 mg
L-carnitine	11 mg
NUCLEOTIDES	
Cytidine-5'-monophosphate	1.1 mg
Uridine-5'-monophosphate	0.77 mg
Adenosine-5'-monophosphate	0.67 mg
Inosine-5'-monophosphate	0.45 mg

Ingredients

Glucose syrup, hydrolysed whey protein concentrate (contains **milk**), medium chain triglycerides, vegetable oils (antioxidant (ascorbyl palmitate, citric acid)), maltodextrin, emulsifier (citric acid ester of mono- and diglycerides, sunflower lecithin)), omega LCPUFAs (contains **fish**, antioxidant (mixed tocopherols, ascorbyl palmitate)), choline chloride, taurine, inositol, L-carnitine.

Minerals: Potassium, calcium, chloride, phosphorus, sodium, magnesium, iron, zinc, copper, iodine, manganese, selenium.

Vitamins: Vitamins (A, B₁, B₂, B₃, B₅, B₆, B₁₂, C, D₃, E, K₁), folic acid, biotin.

Nucleotides: Cytidine-5'-monophosphate, uridine-5'-monophosphate, adenosine-5'-monophosphate, inosine -5'-monophosphate, guanosine-5'-monophosphate.

Aptamil® Gold+ Pepti-Junior® Infant Formula is based on hydrolysed cows' milk protein.

References

1. Bach et al. Am J Clin Nutr 1982; 36:950-962.
2. Kemp A et al. MJA 2008;188(2):109-112.
3. ASCIA Information for patients, consumers and carers. Cows Milk Allergy 2019.
4. Vandenplas Y et al. Arch Dis Child 2007;92:902-908.
5. Koletzko B et al. J Perinat Med 2008; 36:5-14.

MCT/LCT = Medium Chain Triglycerides/Long Chain Triglycerides.

LCP = Long chain polyunsaturated fatty acids

BREAST MILK IS BEST FOR BABIES: Professional advice should be followed before using an infant formula. Introducing partial bottle feeding could negatively affect breast feeding. Good maternal nutrition is important for breast feeding and reversing a decision not to breast feed may be difficult. Infant formula should be used as directed. Proper use of an infant formula is important to the health of the infant. Social and financial implications should be considered when selecting a method of feeding. Infant Formula product for special dietary use to be used under medical supervision. This product is not suitable for general use.

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