# **MCT OIL**

## **DESCRIPTION**

A liquid containing a mixture of medium chain triglycerides.

### **INDICATIONS**

For use in the dietary management of intractable epilepsy using the ketogenic diet or for fat malabsorption such as cystic fibrosis or chronic liver disease. MCT Oil is not a source of essential fatty acids or fat soluble vitamins. Suitable for infants, children and adults.

## PREPARATION AND ADMINISTRATION

MCT Oil can be mixed with liquids or used as part of a modular feed. MCT Oil should be introduced slowly into the diet as rapid absorption of large intakes may cause vomiting or diarrhoea.

# **ADMINISTRATION GUIDELINES**

The dosage should be determined by a clinician or dietitian only and is dependent on the age, body weight and medical condition of the patient.

# **GENERAL PRECAUTIONS**

Use under medical supervision. Not for parenteral use. Not suitable for use as a sole source of nutrition.

### **STORAGE**

Store in a dry place away from direct sunlight between  $4^{\circ}$ C –  $25^{\circ}$ C. Once opened, use within one month. Always replace the lid after use.

## **PACK SIZE**

500ml bottle.

### **INGREDIENTS**

MCT Oil.

AVERAGE CONTENTS	UNIT	PER 100ML
Energy	kcal	855
	kJ	3515
Protein equivalent	9	_
Carbohydrate	9	-
Fat	9	95
saturates	9	95
monounsaturates	9	_
polyunsaturates	9	=
% MCT	%	100
Dietary fibre	9	-





